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### **Charles Duhigg Wikipedia**

Charles Duhigg (born 1974) is a Pulitzer-prize winning American journalist and non-fiction author. He was a reporter for The New York Times and is the author of two books on habits and productivity, titled The Power of Habit: Why We Do What We Do in Life and Business and Smarter Faster Better.

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The Power of Habit: Why We Do What We Do in Life and Business is a book by Charles Duhigg, a New York Times reporter, published in February 2012 by Random House.

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